

(1)

I feel anxious all the time

Yes

No

(2)

I've felt very low lately

Yes

No

(3)

I feel worse at the
beginning of the day

Yes

No

(4)

I feel life is hardly worth
living

Yes

No

(5)

I've cried in the last month

Yes

No

(6)

I've given up hope

Yes

No

(7)

I've seriously considered
suicide

Yes

No

(8)

I can't recall feeling happy
in the past month

Yes

No

(9)

I'm so lonely

Yes

No

(10)

I've lost interest in things

Yes

No

(11)

I'm too miserable to enjoy
anything

Yes

No

(12)

I have regrets about my
past life

Yes

No

(13)

I am a nuisance to others
being ill

Yes

No

(14)

I've been depressed for
weeks at a time in the past

Yes

No

(15)

I suffer headaches

Yes

No

(16)

I seem to have lost my
appetite

Yes

No

(17)

I am not sleeping well

Yes

No

(18)

I'm kept awake by worry
and unhappy thoughts

Yes

No

(19)

I'm not happy at all

Yes

No